## At Home Rx 17 OH Progesterone Injections

## STEP 1 STEP 2 STEP 3 • INJECT 1CC/ML OF PLACE NEEDLE ON WIPE SKIN WITH **AIR INTO VIAL** ALCOHOL AND SYRINGE **FAN DRY** • DRAW UP 1CC/ML • ROTATE UP & PULL OUT 1CC/ML OF OF AIR • INJECT NEEDLE 3/4 **MEDICATION** INTO UPPER OUTER • RUB TOP OF VIAL QUADRANT OF THE WITH ALCOHOL INTRAMUSCLE & INJECT ALL **MEDICATION** • WAIT 6 SECONDS BEFORE REMOVING NEEDLE; THEN BANDAGE

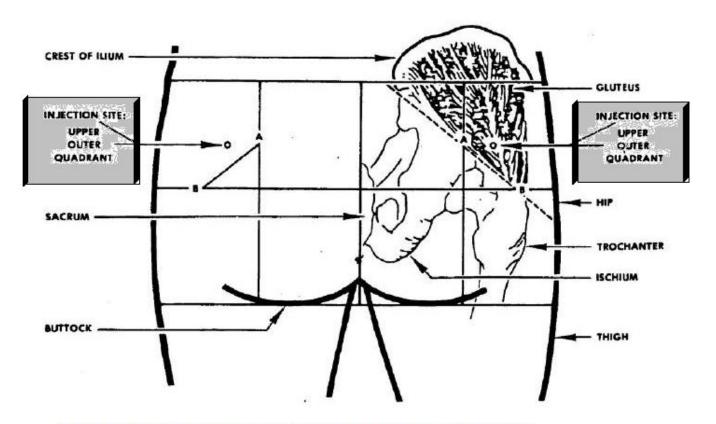


Figure 2-1. Intramuscular injection site in the buttocks (upper, outer quadrant).